



Pilates Circle with exercise poster

SISSEL® Pilates Circle with exercise poster

The SISSEL® Pilates Circle is a resistance training ring that assists with a great variety of exercises for core, arm and leg strength. It consists of an embedded metal ring with padding on both sides. The Pilates Circle comes with an exercise poster to help you to incorporate it into your workout routine.

- Size: ~ 15"



Pilates Ball

The SISSEL® Pilates Ball supports deep relaxation, as well as helping to build musculature. It is very suitable for exercising the spinal column and abdominal muscles. The SISSEL® Pilates Ball comes with an exercise manual and is available in two sizes.

- Sizes: ~ 22 cm (9"), ~ 26 cm (10.5")



Pilates Toning Ball

The SISSEL® Pilates Toning Ball is a perfect addition to your Pilates mat program. It can be used to exercise the arms, shoulders and upper body, and can also be easily integrated into many more Pilates exercises. • available in 2 weights: 450 and 900 gram

- Size: ~ 9 cm (3.5")
- Color: blue



Pilates Socks

SISSEL® Pilates Socks have a rubberized, anti-slip bottom. ideal for your pilates or yoga workout.

- 2 sizes: small/medium, large/x-large
- Color: Black, Fuscia, Blue





Pilates Roller Pro Soft

The SISSEL® Pilates Roller Pro Soft adds many options to your pilates exercises. The softer mix of materials responds immediately to pressure, making it more comfortable and stable. This makes it suitable for both beginning and advanced users. The Soft Pilates Roller comes with an exercise poster to assist you in integrating it into your pilates routine. • Size: ~ 6: x 36”



Pilates Pro Roller Head Align

Our optimal Pilates exercise tool; broadens your Pilates exercise options!
Support Your Body During Exercises

- Product innovation and market innovation for the Pilates field
- Practical tool for Pilates mat exercises and rollers
- Acts against hyperextension of the cervical spine
- Optimal body alignment
- Places the head in an anatomically correct position
- Can be used with the curved side facing upwards or downwards
- Color: marbled blue
- Material: skin-friendly synthetic rubber (soft EVA)
- Phthalate Free
- Fits on any roller



Pilates & Yoga Mat

The SISSEL® Pilates & Yoga Mat is a high-quality, anti-slip exercise mat. It is hygienic and easy to clean, and is free from harmful substances. The Pilates & Yoga Mat has an attractive fabric border and is easy to roll up for storage or transport. • Size: approx. 24” x 67” x 0.25”

